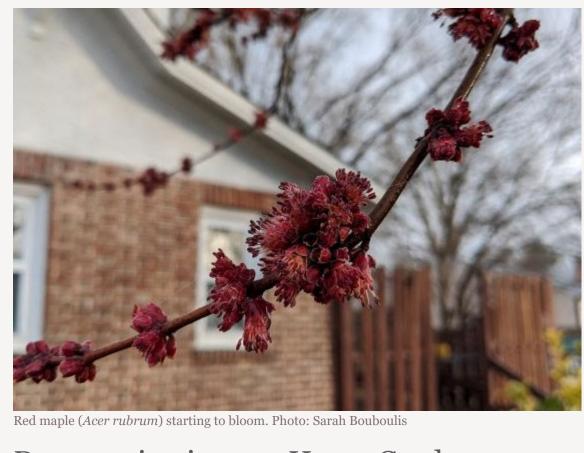


Connecting people, science, and nature for a healthy Delaware River and Bay



De-stressing in your Home Garden

In the past few weeks, our country and our world have shifted dramatically. Everyone is being encouraged to stay home and practice "social-distancing" to

avoid the spread of COVID-19. And as stressful as these changes can be, there may be one area of our homes that could use our attention right now, the garden. Even better, both the plants and their human caretakers can benefit from this interaction. Gardening is frequently listed as an activity to do when you're stuck at home, and spring is a time when our gardens need the most attention. So use your hours

wisely and your garden may be the best it has been in years. Gardening can also

be a great stress relieving activity by focusing on something specific rather than what's going on around us, all while still staying at home. April is a great time to get started on these activities and you can read about what needs to be done in our 'Time for Action' section. Taking care of your plants may seem trivial as this time, but it may also be one of the best ways to get through a trying time. If you have any gardening questions, please shoot me an email here. And above all, stay healthy and keep gardening!



With early spring temperatures, plants and weeds (a.k.a. unwanted plants), may

Many early season "weeds" are small, but if left to go to flower, you could see a lot more of them in the future. Also, the earlier and the more often you weed, the less

many critters that may still be overwintering.

of a chore it becomes.

You may be eager to get out and clean-up because you didn't last fall (see the fall 2019 issue for reasons why!). April is a great time to do this task. It is ideal to wait until daytime temperatures are consistently above 50°F. Read more about reasons

pop up a little earlier than usual! This means you need to be out earlier to weed!

to wait here. Using last fall's leaves can be a good mulching strategy at this time. Let your emerging plants get some sun, but keep the leaves around your plants for

continued insulation and moisture control. You also won't disturb as

will give more time for ground dwelling insects to emerge. If you have a rain garden, check on the in- and out-flows to make sure nothing is blocked and that water can enter and exit the system effectively. When spring comes, we usually see more rain so you want to make sure your garden is

You may want to wait to use traditional mulch until the soil dries out a little, this

functioning properly. Finally, and the most exciting, is adding new plants to your garden! We did a round-up of local plant sales in last spring's issue of Perennial Pages, and most of the information is still up to date, so you can check it out here. You may need to

search the organization's website for 2020 plant sale information and for any information about cancellations (unfortunately, there are many). However, many

sales don't take place until May and might still be happening. Also, look out for local sellers who are offering curbside pick-up or plant delivery. Get ready, and get out there!



There are scientific models from the U.S. Forest Service that were complied by the Northern Institute of Applied Climate Science to project how various tree species will adapt with changes in climate.

findings regarding frequently used "yard trees."

• Blackgum (*Nyssa sylvatica*) • White Oak (*Quercus alba*) • Sassafras (Sassafras albidum)

trees to plant in the future. These models take into account many characteristics of trees (but not all) and predicts if tree populations throughout the mid-Atlantic (and other areas) will increase, decrease, or have no change over time, given different climatic

predictions. For example, if a tree is prone to insect pests that do well in warm

You can see the entire list at the link below, but summarized here are some

climates, that's a "negative" trait for future population predictions.

This information can be useful for property owners so that they can best care for the trees already on their property and make smarter choices regarding which

The following tree populations are predicted to increase, making them a good choice for planting for long-term success: • American sycamore (*Platanus occidentalis*)

• Flowering Dogwood (*Cornus florida*) The following tree populations are predicted to decrease, making them a poor choice for planting, and if already planted, important trees to monitor for signs of stress:

We can never fully know what the future holds, but we can use the data we have to

make the best educated decisions. You can read more about the study and

These species showed inconclusive or mixed results: • Red Maple (*Acer rubrum*) • Chestnut Oak (*Quercus montana*) • White Ash (*Fraxinus americana*)

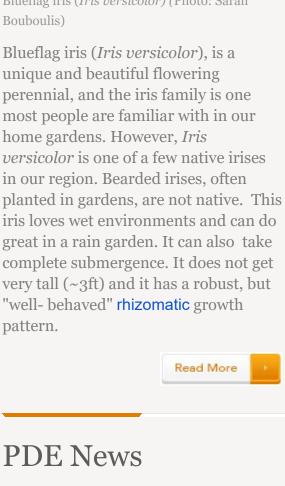
• American Beech (Fagus grandifolia) • Eastern White Pine (*Pinus strobus*) • Sugar Maple (*Acer saccharum*)

the model here.

What's "up"?

• Silver Maple (*Acer saccharinum*) • Tulip Tree (*Liriodendron tulipifera*)

Seasonal Plant Identification



Blueflag iris (Iris versicolor) (Photo: Sarah

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invader of many cultivated gardens, urban sidewalks, and wild spaces. It is generally unassuming and doesn't get very large, but it has good seed

Sarah Bouboulis)

Hairy Bittercress (Cardamine hirsuta) (Photo:

Hairy bittercress is an early season

Space Invaders

Invasive Species Spotlight

dispersal and can take over a space one small area at a time. It is generally easy to spot because it is one of the first green plants to pop up in early spring. So if you get out there early for spring weeding, you will be sure to take care of any hairy bittercress problems. Be sure in your ID, and you can add hairy bittercress to your salads. Read More

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